

NEPAL ITINERARY

MT PENCHASE & ANNAPURNA CIRCUIT



TREKKING NEPAL

The Annapurna's are the most visually stunning mountain range of the Himalayas making them by far the most popular trekking destination in Nepal. Pokhara is Nepal's second largest city and is situated about 200 kilometres west of Kathmandu. Its 'Lakeside' area is a backpacker and trekking hub with all facilities you would expect for western expectations – hotels, bars, nightlife, restaurants, internet cafe's, banks, ATM's, souvenir shopping and camping/trekking shops.

This is really an amalgamation of a couple of treks. You won't find a trek like this advertised - it combines a seldom used route to Mt Penchase outside the general trails hiked by westerners with a section of the picturesque but well worn Annapurna Circuit trail which is serviced by all the major trekking companies. So it is designed to give as much variety as possible - a taste of village life and local farming country off the main trails, trekking through thick humid and often inhospitable jungle of the lowlands, to the spectacular mainstream trekking tracks and crisp conditions of the higher altitudes of the Himalayan foothills. Stunning and diverse views every day, raging rivers, bathing in hot springs, spectacular mountain views from hilltop guesthouses; but not so isolated that the cost of a beer at the end of the day is prohibitive!

INCLUDED:

- 10 Nights Accomodation
- Passionate, experienced Australian Guides
- 4 weeks pre training
- Delicious & fresh cooked meals on track
- Annapurna Trekking Permits and much more!





ITINERARY

DAY 1 / ARRIVAL IN POKHARA

Enjoy the afternoon shopping, paragliding and exploring the beautiful little lakeside town of Pokhara. Watch the sunset over the lake at a group Dinner.

DAY 2 / POKHARA TO RANIBAN - 2 HOURS TREKKING

Relaxing morning with some last minute shopping. We will have lunch on the lake before we canoe across the lake to set off on our first day of hiking. Today is a short but hard 2 hour uphill climb to Raniban Retreat, a very comfortable hotel/guesthouse perched on top of a hill at an altitude of 1150 metres overlooking Lake Fewa and Pokhara, and with your first good look at the imposing Annapurna range and Mt Machapuchare (Fishtail) rising in the background. The night views of Pokhara are also spectacular.

DAY 3 / RANIBAN TO PENCHASE - 8 HOURS TREKKING

This is one of our longest days with a taste of everything that the track has to offer. We will pass many villages and visit a local school to see the local children in class. Today is mainly up hill with a tough walk through the jungle.

DAY 4 / PENCHASE TO AUSTRALIA CAMP - 8 HOURS TREKKING

Today is another day of amazing scenery and this is a day where you really appreciate a good camera! Breathtaking photos.

The most part of the day is undulating but not difficult. Our last 2 hours is a hard up hill climb to camp.

DAY 5 / AUSTRALIA CAMP TO JHINUDANDA - 7 HOURS TREKKING

Today is one of the favorites, a 7 hour gradual down hill trek. We finish the day at the hot springs. Just what the body needs and to top the day off treat yourself with a local beer.

DAY 6 / JHINUDANDA TO TADAPANI - 6 HOURS TREKKING

Your legs should be fresh from last nights bath in the hot springs.

Today's walk starts with a steep 1.5 hour climb to the village of Chomrong following the Annapurna Base Camp trail. We then leave the Base Camp trail and continue along the Annapurna Circuit track. More rivers, bridges and villages. The afternoon involves a steep ascent through rainforest to Tadapani at 2680 metres.

DAY 7 / TADAPANI TO GHOREPANI - 5 HOURS TREKKING

Today we reach our highest point of 3600m. As the day goes on you feel the temperature drop as we get higher. A busy part of the track, but well worth the 5 hour walk to reach this amazing stone village. One of our favorite meals on the track, the Chicken Sizzler will be on your mind this day.



DAY 8 / GHOREPANI TO POKHARA - 7 HOURS TREKKING

We are up early today to see the sunrise over this beautiful country.

This is our last day on the track with a 7 hour downhill climb and then a 2 hour busride back to our lake side hotel in Pokhara.

Tonight we have a dress up dinner at the famous night spot Busy Bee's Cafe. This is one of the most memorable nights on the trip, where we dance and drink with locals and look back on our trek together. A night you will never forget.

DAY 9 / POKHARA TO KATHMANDU

Today we fly back to Kathmandu. Spend the afternoon doing some last minute shopping and exploring the busy town of Kathmandu. You will never see anything like it!

DAY 10 / DEPARTURE DAY

Say goodbye to Nepal as we head home



CONTACT



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